



To: CVMG Original Medicare Beneficiaries

Medicare has a new initiative to improve patient care by helping health care providers work together more effectively. If you are a Central Valley Medical Group (CVMG) patient with Original Medicare (not Medicare Advantage), you may benefit from the care coordination and services offered by the Direct Contracting Entity (DCE) initiative.

CVMG doctors are voluntarily taking part in this new initiative by joining the CVMG DCE because we think it will help provide improved coordination for Original Medicare Fee for Service patients: As members transition between sites, levels and types of care, CVMG strives to assure that there is adequate communication and coordination between multiple care providers. Examples where coordination activities are important include: between primary care and specialist; primary care and behavioral health; as member moves between different levels of care; or, when a physician leaves the CVMG network.

Use the enclosed form to confirm your CVMG primary care physician is the main doctor or other health care professional you see or the main place you go for routine care like regular check-ups. Filling out the form is voluntary and won't affect your Medicare benefits.

There are two ways you can complete the form:

1. Fill out the paper form on page two of this letter and return it to CVMG.
2. Log into or register at MyMedicare.gov and select your CVMG main doctor or other health care professional.

Whether or not you complete this form or select a doctor or other health care professional through MyMedicare.gov, your Medicare benefits and rights won't change; you still have the right to use any doctor, other health care professional, or hospital that accepts Medicare, at any time.

Please call (209) 800-CVMG (2864) or update your online selection at MyMedicare.gov if you change primary care doctor. If you have questions, talk with your doctor or other health care professional or call CVMG at 209-800-CVMG (2864). No one should attempt to influence your choice to complete this form or select a doctor or other health care professional through MyMedicare.gov by offering or withholding anything in exchange for you completing the form or making a selection on MyMedicare.gov. If you feel pressured to sign this form or to make a selection online, please call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048. For more information about this initiative, visit <https://innovation.cms.gov/initiatives/direct-contracting-model-options> or visit www.CentralValleyMedicalGroup.com for more information.



Download this form, fill it out, sign and return to CVMG. Mail to:

Central Valley Medical Group

3509 Coffee Road, Suite D-6

Modesto, CA 95355

For questions about how to fill out the form, please call (209) 800-CVMG (2864).

CONFIRM YOUR DOCTOR OR HEALTHCARE PROFESSIONAL

By signing below, I'm confirming that my main doctor or other healthcare professional – or the main place I go to for routine medical care – is the following CVMG doctor:

CVMG Doctor First Name CVMG Doctor Last Name

My First Name My Last Name

My Address (including apartment number, if applicable)

City State Zip Code

My Phone number My Email address

My Signature Date

Note: Completing and returning this form is voluntary and won't affect your Medicare benefits.