

## HOW TO CONTACT US

- To obtain more information
- To schedule an appointment
- To schedule a presentation on topics related to our services
- To inquire about volunteering for the HICAP program

**209-558-4540**

Although our services are free you are welcome to contribute. Your donation will help extend our services to a larger number of Medicare beneficiaries.

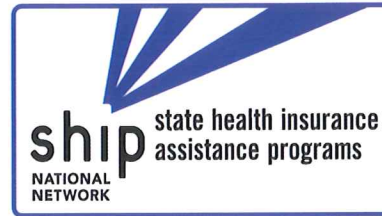
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California HICAP is part of the nation-wide SHIP (State Health Insurance Assistance Program)

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### Senior Medicare Patrol

Our HICAP program is part of the Senior Medicare Patrol, an organization dedicated to awareness and elimination of fraud and abuse in Medicare. Ask us what you can do to be a part of this effort!



**LOCAL HELP FOR PEOPLE WITH MEDICARE**



Sponsored by the  
Stanislaus County  
**BOARD OF SUPERVISORS**

2012



**Answers to your  
Medicare questions**

**Free services for  
Medicare beneficiaries**

**1-800-434-0222  
209-558-4540**

**Call for an appointment**

**Department of Aging and  
Veterans Services**  
121 Downey Ave #101  
Modesto, CA 95354

## HICAP

The Health Insurance Counseling and Advocacy Program provides counseling to Medicare beneficiaries of all ages.

Counseling may be by phone, office appointment, or via home visits for home bound clients.

We also offer community education presentations to organizations interested in health insurance issues affecting seniors and the disabled.

Join us for our annual Medicare Advantage (HMO) forums in October each year. Call our office for details.

## HICAP can help you:

- Understand Medicare options
- Compare private Medicare supplemental plans
- Review Medicare Advantage (HMO) plans
- Research Medicare Part D (prescription) plans
- Assist with Medicare appeals; challenge claim denials
- Learn about programs that help pay Medicare premiums
- Learn about help paying for prescription drug premiums and or co-pays.
- Clarify your rights as a health care consumer
- Explore long term care options

HICAP services are free.

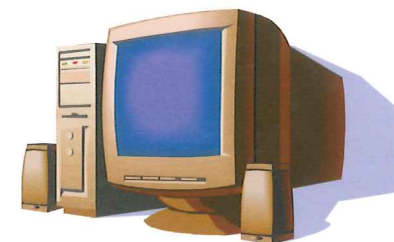
HICAP Counselors are trained and registered by the California Department of Aging. They provide unbiased information.

HICAP Counselors do not sell any type of insurance or health care coverage. They will not recommend any specific plan or policy.

## Health Insurance Counseling and Advocacy Program

**209-558-4540**

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Get more information from these websites:

[www.medicare.gov](http://www.medicare.gov)

[www.cahealthadvocates.org](http://www.cahealthadvocates.org)

[www.canhr.org](http://www.canhr.org)

[www.ssa.gov](http://www.ssa.gov)

[www.aoa.gov](http://www.aoa.gov)

[www.cms.gov](http://www.cms.gov)

[www.benefitscheckup.org](http://www.benefitscheckup.org)